

## 4 Against 3

You create the polyrhythm 4 against 3 by accenting every 3 semiquavers over a crotchet pulse. (figure 1) The rhythm resolves every 3 beats when felt in semiquavers.

Exercise 1: Count/Play each rhythm on its own until comfortable at a slow tempo (60bpm)

Exercise 2: Play 4 bars of each rhythm and switch

### Count!

When comfortable count the opposite rhythm i.e Count A Play B (Also try counting the numbers : 4 and 3)

Rhythm created by grouping semiquavers (Groups of 4's) in 3 = 4 against 3

1 e & a 2 e & a 3 e & a

Rhythm A = 3

1 e & a 2 e & a 3 e & a

Rhythm B = 4

The rhythm can also be 'felt' in a triplet subdivision, with the 4 side now being the crotchet pulse.

As before

Exercise 1: Count/Play each rhythm on its own until comfortable at a slow tempo (80 bpm)

Exercise 2: Play 4 bars of each rhythm and switch

### Count!

When comfortable count the opposite rhythm i.e Count C Play D

Rhythm created by grouping quaver triplets (Groups of 3's) in 4 = 3 against 4

1 trip let 2 *trip* let 3 trip let 4 trip let

Rhythm C = 4

1 trip let 2 *trip* let 3 trip let 4 trip let

Rhythm D = 3