

Best Practice for... Practice!

## **Beginners Initial - Grade 3**

Sitting down to practice may not be your first thought when you think of fun things to do but it is easier than you think to turn it from a chore to a treat!

Follow our three simple rules and make the most out of your practice and learn to love it!

### **Warm up!**

Always remember to warm up. Even just a couple of minutes, a few little scales or an exercise can help you get your head in the game and your fingers happy and ready to play!

### **Regular!**

Make it a habit! It doesn't take you long to make something a habit (we all know how easy it is to get a bad one!). So do regular 10 - 20 sessions and before you know it you won't think twice about sitting down and learning those dots!

### **Always have something you really enjoy ready to play at the end!**

We all have our favourite pieces so when you've learnt it don't just chuck it to the side, keep it close and finish off your practice with it so you always end on a high!